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Professional tennis player Caroline Garcia becomes a Friend of IARC

Lyon, France, 8 March 2022 – To mark International Women’s Day, the International Agency for Research on Cancer (IARC) is proud to welcome Caroline Garcia, a French professional tennis player, among the [Friends of IARC](#). This is a network of celebrities and influential people who are mobilizing for cancer prevention and to help IARC raise awareness about the importance of prevention and cancer research.

At least 40% of all cancer cases could be avoided through effective preventive measures, and mortality from cancer could be reduced through early detection of tumours.

Each of us can participate in the fight against cancer by modifying the lifestyle behaviours that increase the risk of cancer and by developing healthier routines.

Physical activity has an important role to play in preventing not only cancer but also other noncommunicable diseases, such as heart disease, stroke, and diabetes.

The World Health Organization (WHO) recommends that adults should engage in at least 150–300 minutes of moderate-intensity aerobic physical activity per week, or engage in at least 75–150 minutes of vigorous-intensity aerobic physical activity per week.

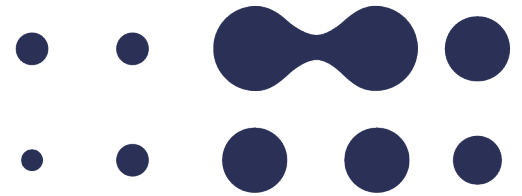
Therefore, IARC is pleased to have the support of a professional tennis player such as Caroline Garcia to help raise awareness about the importance and benefits of physical activity.

Note to Editors:

On 6 July 2021, IARC launched its first crowdfunding campaign to finance the purchase and installation of equipment for its new headquarters, the Nouveau Centre building: <https://isupport.iarc.fr/>

Thanks to the generosity and continued support of the French government, the Métropole de Lyon, the Auvergne-Rhône-Alpes Region, and the City of Lyon, in late 2022 IARC will move its headquarters to the Lyon-Gerland Biodistrict.

This Nouveau Centre building will be at the service of Open Science, with a new vision to share creative and innovative ideas, as well as evidence-based research performed with state-of-the-art equipment.



IARC, the specialized cancer agency of the World Health Organization (WHO), was established in Lyon more than 50 years ago and has become an integral part of the city, which is known for excellence in the fields of medicine and science.

<https://www.iarc.who.int/donations/>

For more information, please contact

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The International Agency for Research on Cancer (IARC) is part of the World Health Organization. Its mission is to coordinate and conduct research on the causes of human cancer, the mechanisms of carcinogenesis, and to develop scientific strategies for cancer control. The Agency is involved in both epidemiological and laboratory research and disseminates scientific information through publications, meetings, courses, and fellowships. If you wish your name to be removed from our press release emailing list, please write to com@iarc.fr.